

**2023 Kayak Building
Questionnaire and Medical Form**

Thank you for registering for Kayak Building at Lake Champlain Maritime Museum!

For the participant to have the best possible experience, please fill out this medical form. The information you disclose on this form will only be shared with the boat building staff to ensure the participant is well supported at the Museum. By disclosing this information, it will create a safer environment not only for your participant, but all the members of the program.

- Does the participant have any allergies to food, medication, or environment (including insect stings/bites)?

If yes, please answer the following:

- What is the participant allergic to?
- How does a reaction occur? (Ingestion, touch, airborne)
- How does the participant treat a reaction?
- Is cross contamination a concern?
- Date of last reaction:
- Has the participant ever gone to the ER for a reaction?

- Does the participant have asthma?

If yes, please answer the following:

- Date of last asthma attack:
- What medications are used to treat and manage asthma symptoms?
- What triggers asthma symptoms?
- Have you ever gone to the ER or been hospitalized because of asthma?

If yes, please list the dates and length of the hospital stay:

- Has the participant had any injuries in the last year?

If yes, please explain the injury, treatment, and any considerations for the expedition:

- Does the participant have any chronic conditions the Museum staff should be aware of?

If yes, please explain:

Mental Health

- Has the participant ever had treatment or counseling with a mental health professional?
If yes, please include the dates and reason for seeking treatment:

- Does the participant currently work with a therapist or counselor to manage mental health or any other condition?
If yes, please answer the following questions:
 - How long and how frequently?

 - Why is the participant currently in treatment?

 - What coping mechanisms can the participant utilize during the program?

Please include copies of insurance card and COVID-19 vaccination card. Please submit these supplemental documents within 30 days of registration to hold your spot on the expedition. If you require more time, please reach out to Rebecca Burns at expeditions@lcm.org or 802-475-2022 x117.